



MoviPrep

You will need a prescription for this preparation.

GENERAL INSTRUCTIONS

Supplies Needed:

- MoviPrep Prepackaged kit from your pharmacy

3 DAYS PRIOR TO PROCEDURE

Stop eating all nuts, seeds and popcorn.

1 DAY PRIOR TO PROCEDURE

You may only have clear liquids this day. Drink at least 8 glasses of water to avoid dehydration.

6:00 PM – Mix first dose of MoviPrep by emptying one Pouch A and one Pouch B into the container. Add lukewarm drinking water to the top line of container and mix to dissolve. MoviPrep container is divided by 4 marks, please drink until the first mark. Continue to drink until the next mark every 15 minutes.

Over the course of the evening, drink an additional 16 oz. clear liquids.

DAY OF PROCEDURE

4 hours before procedure mix second dose of MoviPrep by emptying one Pouch A and one Pouch B into the container. Add lukewarm drinking water to the top line of container and mix to dissolve. MoviPrep container is divided by 4 marks, drink until the first mark. Continue to drink until the next mark every 15 minutes.

Drink an additional 16 oz. clear liquids.

3 hours before procedure you may take your morning medications with 4 oz of water but STOP drinking all liquids after that.

CLEAR LIQUID DIET LIST: Avoid all red and purple liquids.

Soft drinks

Strained fruit juices without pulp

Water, tea, coffee (no milk or creamer)

Chicken or beef bouillon/broth

Hard candies

Popsicles (no sherbet or fruit bars)

Jell-O (no fruit or toppings)